

JUNIOR NEWSLETTER

Spring 2020

College Selection. . . How students begin



Career EXPO
EL DORADO UNION HIGH SCHOOL DISTRICT

THURSDAY,
MARCH 19, 2020
6:30 - 8:30 P.M.

- ♦ Wide variety of careers represented
Not sure what to major in? Learn about over 80 careers & industries
- ♦ Hiring Fair (get a summer job!)
Applications on hand
On-site interviews
- ♦ Volunteer opportunities
Get connected with a volunteer organization that interests you!
- ♦ Internship and job-shadows
Most business there offer internships and job shadow opportunities (Sierra TV, District Attorney's Office, Wildlife Biologist, EDC Health Center are just a few examples of internships available).

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There are thousands of colleges and universities in the country. How are you going to find the one that's right for you?

Location: A school's climate can be an important consideration for many students, as well as distance from home. Some students choose to go to school relatively close to home, others want to get as far away as possible. For many, college marks the first opportunity for students to live on their own.

Cost: How much you can afford to pay for your education is obviously a major factor in determining where you apply. You don't necessarily have to eliminate schools from your list because the tuition is too high. Instead, begin investigating the many forms of financial aid that are available, including scholarship opportunities. Create accounts at www.scholarships.com and www.fastweb.com and get started today. **Use a secondary email account to avoid spam!!**

Size: Two of the major distinctions between small and large schools are the number of course offerings and the student-faculty ratio. Most large schools have extensive course offerings; however, many courses will probably be extremely large lecture classes, sometimes numbering hundreds of students. At smaller schools there will be more limited course offerings and fewer majors or departments, but most classes will be pretty small.

Setting: If you attend school in a large city, you will have any number of cultural events and activities but you

will also have crowds and noise. Rural campus settings can be very scenic, making it easier to work and study. However, rural campuses are also more isolated and you may find yourself campus-bound for longer periods of time.

Student Life: As you investigate schools, look at the range of activities that are available. It is important that you choose a school where you will feel comfortable, both at work and at play. The best way to judge the social atmosphere at a school is to visit or stay overnight in a dormitory.

Tours: Make actual college visits during spring break, during the summer or whenever possible. Also take advantage of the College visits that take place in the College & Career Center in the Fall where you can speak one-on-one with reps from colleges and universities from all over the United States.

Research colleges online at:
www.princetonreview.com;
www.collegeboard.org;
www.assist.org;
www.aiccu.edu



Juniors. Looking for an early start on the FAFSA



High school juniors can take advantage of the FAFSA4caster web site and learn about the financial aid process, gain early awareness of aid eligibility, and much more.

<https://studentaid.gov/understand-aid/estimate>



*A goal is like a compass that will help keep you on track.
So, what are your goals?*

Ponderosa High School Graduation Requirements

English	40 credits
Social Studies	30 credits
(World Hist., U.S. Hist., Gov't., Econ.)	
Math	30 credits
(must include Algebra 1)	
Physical Science	10 credits
Life Science	10 credits
Health	5 credits
Computer Technology (ICT)	5 credits
Physical Education	20 credits
Fine Arts/ Foreign Language/CTE	10 credits
Elective	80 credits
Total:	240 credits

A-G College Requirements

- A. **Social Science**—2 years **
- B. **English**—4 years
- C. **Math** —3 years**
(Including Algebra 2)
- D. **Lab Science**—2 years **
(Biology, Chemistry, Adv. Chem , Physics,
Anatomy & Physiology, AP Biology,
AP Environmental Science, AP Physics)
- E. **Foreign Language**—2 years **
- F. **Visual Performing Art**—1 year
- G. **College Prep Elective**—1 year

**Competitive schools recommend taking at least one additional year.



START BUILDING YOUR RESUME now so you are prepared for the college application and scholarship processes.



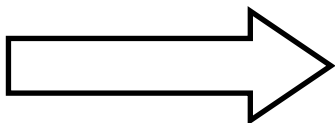
Military Academies:

If you are a college-bound student who is considering a career in the military, it's not too late to get a nomination to one of the military academies. Visit www.harris.senate.gov or www.mcclintock.house.gov and scroll to the bottom and click on "Academy Nomination". Have it finished by the end of summer! Keep your grades up and visit your counselor!! **You should also plan to attend our Military Academy Night on April 23.**

Scholarship Advice:

- Get involved in your community; become a volunteer. Check out the various service clubs at PHS such as Key Club.
- It's not too late to take on leadership roles in school, athletics, clubs, church, etc. You don't have to be involved with everything, find something you like and dig in deep!
- Begin your student resume now and include the honors, awards, activities, achievements, community service, athletics, etc. (You will need a resume when you apply for local scholarships next year).
- Excel in your classes. Strive for the higher GPA.
- Think of people you might ask for letters of recommendation in the fall. Scholarships usually ask for two or three letters and they sometimes ask that one letter be from a non-faculty member.

**SAT
Money
Saver!!**



Helpful Hint....Use
CSUMentor Code 3594 to have
CollegeBoard send your SAT scores to
ALL 23 CSU campuses for the price of
one.

SAT/ACT Test Dates:

The College & Career Center has practice SAT and ACT test booklets that you can pick up. Also, check out <https://www.revolutionprep.com/programs/> and scroll to the bottom of the page and click on "Take a practice test". Revolution Prep offers free practice tests.

SAT Test Dates 2020:

May 2
Regular Registration: April 3
Late Registration: April 22
Register online at www.collegeboard.com

June 6

May 8
May 27

ACT Test Dates 2020:

June 13
Regular Registration: May 8
Late Registration: May 22
Register online at www.actstudent.org

July 18

June 19
June 26

PHS School Code 053373



Central Sierra ROP Courses

The purpose of the Regional Occupational Program (ROP) is to provide students with marketable skills upon completion. ROP works in cooperation with local businesses in the community to provide students on-the-job training on up-to-date equipment.

Anyone 16 years of age or older is eligible to participate in ROP programs. However, enrollment is limited, and first priority is given to high school seniors.

EDUHSD offers the following ROP courses:


- Animal Health
- Automotive Engine
- Diesel Engine
- Cosmetology
- Culinary Arts
- Dental Careers
- Database Design & SQL
- Fire Control Technician
- Health Careers
- Law Enforcement
- Metal Fabrication
- SQL Database Design

How much does ROP cost?

There is no registration fee for high school students. Students may be required to pay for uniforms, kits, tools, textbooks, and/or health tests or shots. Check the Central Sierra ROP website www.csrop.org for a complete list of fees.

Who provides transportation?

Students must provide their own transportation. Transportation is not provided to and from ROP courses and /or community job sites.



College & Career Research:

<https://eduhsd.cacareerzone.org/signin>

Sign in using your school computer login and explore different careers, college options, and take personality assessments!

Don't miss out on the EDUHSD Regional College Fair in September 2020 at Union Mine High School.

- 80+ Colleges represented
- The reps at the college fair are the ones who read the applications for their college

Calendar These Important Dates



JUNIOR YEAR CALENDAR

March:

Attend Career Expo on March 19th.
Study for the SAT and/or ACT test (Revolution Prep & Khan Academy resources).
Register for College Entrance Exams: SAT, SAT Subject and/or ACT tests.
Begin Military Academy admission process-obtain letter from Congressman/Senator.

April:

Visit prospective colleges.
Research colleges using College Board.
Attend Military Academy Night.

May & June:

Take AP tests.
Take SAT, SAT Subject and/or ACT tests.

SENIOR YEAR CALENDAR

Summer:

Visit more prospective colleges.
Volunteer and participate in community service projects.

August & September:

Register for SAT, SAT Subject and/or ACT tests.
Attend EDUHSD College Fair at Union Mine.

October:

Take SAT or SAT Subject tests.
Apply for admissions to California State Universities and private Colleges/Universities.
Obtain FSA ID for financial aid documents.
Submit FAFSA.

November:

Apply for admissions to California State Universities and Universities of California.
Take the ASVAB Career Exploration / Military Assessment.

December & January:

Apply for Community College.
Apply for community based scholarships.

February & March:

Submit FAFSA before March 2nd.
Apply for community based scholarships.
Apply for Community College.

April & May:

Watch for college deadlines and deposits.
Send Letter of Intent.
Graduate!!!!

NCAA INFORMATION—NCAA Eligibility Center

Initial-Eligibility Clearinghouse

All high-school athletes wishing to participate in intercollegiate athletics at an NCAA Division I or Division II must register online with the Initial-Eligibility Clearinghouse. Information about the Clearinghouse can be found in the *Guide for the College-Bound Student-Athlete* at <https://web3.ncaa.org/ecwr3/>.

The NCAA requires prospects who intend to enroll at NCAA Division I and Division II institutions to supply ACT or SAT scores to the Clearinghouse directly from the testing agencies. Start now and plan to have your ACT and SAT scores sent to the Clearinghouse (via code "9999") so that your certification decision will not be delayed. For more details consult the NCAA's website at www.ncaa.org.

What requirements do I need to be able to practice, play and get a scholarship at a Division I or Division II school?

You need to complete the following:

- Graduate from high school;
- Complete a minimum of 16 core courses (10 of which must be completed before senior year)
- Present a minimum grade-point average (GPA) in those 16 core courses; and
- Present a qualifying test score on either the ACT or SAT test.

When should a student register with the NCAA Eligibility Clearinghouse? Students should register with the eligibility center by the end of their junior year in high school. At this time, a transcript, which includes six semesters of grades, should be sent to the eligibility center ***from the high school***. ***Students need to submit a transcript request form.*** Additionally, students should request all SAT or ACT test scores be forwarded directly to the eligibility center whenever they take the exam-use code "9999".



NCAA Quick Reference Sheet



NCAA Eligibility Center